

Nine Effective Spiritual Home Remedies

1. **"A LITTLE MORE PATIENCE"** to bear up with this person, who is not at all congenial to me.
2. **"A LITTLE MORE FIRMNESS"** to continue with this work, which duty demands and which is repellant to me.
3. **"A LITTLE MORE HUMILITY"** to remain at the post to which God has led me and which does not correspond with my dreams and my plans.
4. **"A LITTLE MORE COMMON SENSE"** to take people as they are, and not as I should like them to be.
5. **"A LITTLE MORE PRUDENCE"** to bother as little as possible about others and their affairs.
6. **"A LITTLE MORE STRENGTH"** to endure an event which suddenly and profoundly disturbs my peace of soul.
7. **"A LITTLE MORE CHEERFULNESS"** so as not to show I have been hurt.
8. **"A LITTLE MORE UNSELFISHNESS"** in trying to understand the thoughts and feelings of others.
9. Above all **"A LITTLE MORE PRAYER"** to draw God to my heart and take counsel with Him.

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NOVENA TO THE HOLY SPIRIT

*Make me a point of contact, Lord,
whereby the Holy Spirit may
enter into those I touch whether by
The word I say,
The prayer I pray, or
The life I live.*

Nine Days of Prayer



**HOLY
FAMILY
PARISH**

Begin with the following prayer.....

O Holy Spirit, Divine Consoler!
I adore you as my true God.
I bless you by uniting myself to the praises
You receive from the angels and saints.
I offer you my whole heart,
and I render you heartfelt thanks
for all the benefits you have bestowed and so
unceasingly bestow upon the world.
You are the author of all supernatural gifts
and who did enrich with immense favours the soul
of the Blessed Virgin Mary, the Mother of God,
I beseech you to visit me by your grace
and your love.
O Holy Spirit, Spirit of Truth,
come into my heart:
shed the brightness of Your light on all nations,
that they may be of one faith and pleasing to you.

Amen.

Turn to the Prayer for the day.....

(Final Prayer)

Come, Holy Spirit,
Fill the hearts of your faithful,
Kindle in them the fire of your love.
Send forth your Spirit,
and they shall be created,
and you shall renew the face of the earth.
Amen

DAY NINE

O Lord, Holy Spirit,
grant me sight to see
the wondrous promise of divine love,
insight to see my own weakness,
delight in your divine presence in my soul,
which you have made your temple
through sanctifying grace.
I pray, O Holy Spirit, that I may not be
doubting,
that I be spared the pain of being alone
without trust or hope in Christ,
that my prayer may always be
"My Lord and my God!"
I pray that I may acquire a sense of retreat
to prayer and recollection at various times in my
daily life,
for prayer is the bond that joins me to Christ.
I pray that I may be aware
of the physical needs of the poor
and that I may share what I can with them
in the charitable works for the Church.
I pray, O Holy Spirit, that you will in your mercy
grant me the favour I have sought in this
novena.....

(Pause, in silence....state your request)

The Holy Spirit Prayer

(Final Prayer-on the inside front cover)

DAY EIGHT

O Holy Spirit,
life and light of the Church,
give me thoughts higher than my own thoughts,
and prayers better than my own prayers,
and powers beyond my own powers,
that I may love and live,
imitating Jesus Christ, my Lord and Saviour.

Come to me, Holy Spirit,
come with the Father and the Son,
and grant me the favor I so earnestly request
in this novena.....

(Pause, in silence....state your request)

Promise to dwell within my soul
and quickly make my heart your own.
Quench in me the fires of hate and strife,
the wasting fever of the heart.
From perils guard my feeble life
and to my soul your peace impart.
Let voice and mind and heart and strength
confess and glorify your name,
and let the fire of charity burn bright,
and others hearts inflame.



The Holy Spirit Prayer

(Final Prayer-on the inside front cover)

DAY ONE



O Holy Spirit,
bestow upon me
your seven holy gifts.

Enlighten my understanding that I may know
you.

Give me wisdom that your will may be clear to
me and that I may accept it.

Grant me the gift of counsel
that I may always perceive what is right.

Fortify me that I may always be capable of
fulfilling your divine will.

Inspire me with the spirit of learning
that I may be able to penetrate more deeply
into the truths that you have revealed.

Let my heart be steeped in the spirit of
childlikeness that I may bring you joy.

Let me have proper fear of God
that I may never grieve you
or wander from the path of goodness.

Give me the fullness of your gifts
that I may glorify you.

Look with compassion upon me,
O Holy Spirit, and grant me the favour I seek in
this novena.....

(Pause, in silence....state your request)

The Holy Spirit Prayer

(Final Prayer-on the inside front cover)

DAY TWO

O Holy Spirit,
make me faithful in every thought,
and grant that I may always listen to your voice,
and watch for your light,
and follow your gracious inspirations.
I cling to you,
and give myself to you,
and ask you by your compassion
to watch over me in my weakness.
Holding the pierced feet of Jesus,
looking at his five wounds,
trusting in his Precious Blood,
adoring his opened side and stricken heart,
I implore you adorable Spirit,
helper of my infirmity,
to keep me in your grace,
now and always,
and grant me the favour I ask in this
novena.....

(Pause, in silence....state your request)



The Holy Spirit Prayer

(Final Prayer-on the inside front cover)

DAY SEVEN

Come, Holy Spirit, creator of all things,
come visit my heart with my power.
Fill with grace, friendly guest,
the heart which you have created.
You are called the Consoler,
gift from the hand of God,
source of life, light, love, and flame, highest good.
You are the pledge of sevenfold grace,
finger of the Father's hand, promised me by him,
and you make my tongue speak the truth.
Cast light on my senses, pour love into my heart.
Grant my weak body strength
that it may never grow weary of doing good and
grant me the favour I so earnestly seek in this
novena....

(Pause, in silence....state your request)

Keep the enemy far from me.
Give me peace always.
Let me willingly follow in your footsteps
that I may be far removed from sin.
Grant that through you,
I may grow in knowledge of the Father and of the
Son,
and that I may ever strongly believe in you,
the Spirit of both.
Praise and honour be forever to the Father on the
highest throne, in the risen Son of God, and in the
Consoler.

The Holy Spirit Prayer

(Final Prayer-on the inside front cover)

DAY SIX

O Father in Heaven,
I beg you to send the Holy Spirit.
May your Holy Spirit remind me
when I am apt to forget your law,
your love, your promises.
May your Holy Spirit strengthen my memory to
recall frequently your sanctity,
omniscience, wisdom, and goodness,
faithfulness, and love.
May your Holy Spirit encourage me when I am
slothful, strengthen me when I am weak,
enlighten me when I can no longer help myself.
Breathe into me, O Holy Spirit,
that I may do what is holy.
Stir me that I may love what is holy.
Strengthen me, that I may preserve what is
holy.
Protect me, Holy Spirit,
that I may never lose what is holy
and grant me the favour I so earnestly seek in
this novena.....

(Pause, in silence....state your request)



The Holy Spirit Prayer

(Final Prayer-on the inside front cover)

DAY THREE

Heavenly Father,
You have called me to be a member
of the mystical body of Your Son, Jesus Christ,
and to be a temple of the Holy Spirit.
I ask you to give me these gifts of the Holy
Spirit:

Wisdom, that I may understand the follies of
this world;
Understanding, that I may grasp more fully the
meaning of my existence
and the purpose of all things in the world;
Counsel, that I may always choose the proper
way;
Fortitude, that I may remain faithful to you
under the pressure of temptation;
Piety, that I may revere you in all I do, think or
say;
Fear of the Lord, that should the motive of love
fail me, I may quickly be awakened to the
eternal consequences of my deeds.
Visit me by your grace and your love
and grant me the favour that I so earnestly seek
in this novena.....

(Pause, in silence....state your request)

The Holy Spirit Prayer

(Final Prayer-on the inside front cover)

DAY FOUR

O God,
who today by the light of the Holy Spirit
did instruct the hearts of the faithful,
give me, by the light of the same Holy Spirit,
a love for what is right and just
and a constant enjoyment of his comfort.
I pray, Holy Spirit,
that I may strive to learn more of my faith;
that I may ever be conscious
that reason in all its human magnificence
is capable of grasping but a glimpse
of the reality that is God.
I pray that I may accept
as the motto of my life:
"All for the greater glory of God"
and grant me the favour I so earnestly seek in
this novena.....

(Pause, in silence....state your request)



The Holy Spirit Prayer

(Final Prayer-on the inside front cover)

DAY FIVE

Come, O Spirit of sanctity
from the glory of heaven,
and send forth the radiance of your light.
Father of all the poor,
light and peace of all hearts,
come with your countless gifts.
Consoler in desolation,
refreshment full of loveliness,
come dear friend of my soul.
In weariness send repose,
breathe gently cool refreshing breeze,
console the desolate who weep alone.
Light of Beatitude, make my heart ready,
come enter my soul.
Without your grace, I stand alone;
I cannot be good or sure.
Cleanse what is soiled, heal what is wounded,
moisten what is arid.
Bend the stubborn will, warm the cold heart,
guide the wandering footstep.
O Holy Spirit,
I beg you to give me grace through your
sevenfold power
and grant me the favour I so earnestly seek in
this novena.....

(Pause, in silence....state your request)

The Holy Spirit Prayer

(Final Prayer-on the inside front cover)