

# Lenten Family Prayer Challenge

Get started by checking out our [Tips for Family Prayer](#) to prepare yourselves and your home for daily prayer together. Use this calendar to journey through Lent, and into a deeper relationship with Jesus, by reading and reflecting on the Gospel reading of each day.

Share your home prayer space with us on our [Facebook](#) and [Instagram](#)!

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| SUN   | MON                            | TUE                                       | WED  | THU  | FRI  | SAT  |
|---|--------------------------------|---|--|--|--|--|
|   |                                |   | FEB. 17<br>Ash<br>Wednesday<br>Mt. 6.1-6,<br>16-18 | 18<br>Lk. 9.22-25                                | 19<br>Mt. 9.14-15  | 20<br>Lk. 5.27-32  |
| 21<br>First Sunday<br>of Lent<br>Mk. 1.12-15  | 22<br>Mk. 16.13-19             | 23<br>Mt. 6.7-15                          | 24<br>Lk. 11.29-32                                 | 25<br>Mt. 7.7-12                                 | 26<br>Mt. 5.20-26  | 27<br>Mt. 5.43-48  |
| 28<br>Second Sunday<br>of Lent<br>Mk. 9.2-10  | MAR. 1<br>Lk. 6.36-38          | 2<br>Mt. 23.1-12                          | 3<br>Mt. 20.17-28                                  | 4<br>Lk. 16.19-31                                | 5<br>Mt. 21.33-43,<br>45-46                                | 6<br>Lk. 15.1-3,<br>11-32  |
| 7<br>Third Sunday<br>of Lent<br>Jn. 2.13-25   | 8<br>Lk. 4.24-30               | 9<br>Mt. 18.21-35                         | 10<br>Mt. 5.17-19                                  | 11<br>Lk. 11.14-23                               | 12<br>Mk. 12.28-34   | 13<br>Lk. 18.9-14  |
| 14<br>Laetare<br>Sunday<br>Jn. 3.14-21        | 15<br>Jn. 4.43-54              | 16<br>Jn. 5.1-16                          | 17<br>Jn. 5.16-30                                  | 18<br>Jn. 5.18,<br>31-47                         | 19<br>Solemnity of<br>St. Joseph<br>Mt. 1.16,<br>18-21, 24 | 20<br>Jn. 7.40-53  |
| 21<br>Fifth Sunday<br>of Lent<br>Jn. 12.20-33 | 22<br>Jn. 8.1-11               | 23<br>Jn. 8.21-30                         | 24<br>Jn. 8.31-42                                  | 25<br>Annunciation<br>of the Lord<br>Lk. 1.26-38 | 26<br>Jn. 10.31-42   | 27<br>Jn. 11.45-56   |
| 28<br>Palm<br>Sunday<br>Mk. 14.1-15.47        | 29<br>Holy Week<br>Jn. 12.1-11 | 30<br>Holy Week<br>Jn. 13.21-33,<br>36-38 | 31<br>Holy Week<br>Mt. 26.14-26                    | APR. 1<br>Holy<br>Thursday<br>Jn. 13.1-15        | 2<br>Good<br>Friday<br>Jn. 18.1-19.42                      | 3<br>Holy Saturday<br>No daily readings.<br>At the Easter Vigil<br>(after sunset):<br>Mk. 16.1-8 |
| 4<br>Easter<br>Jn. 20.1-18                    |                                |   |  |  |  |  |

Please contact your parish about options for in-person and online celebrations of Mass, Ash Wednesday, and the *Paschal Triduum*. Triduum is celebrated over three days, including the Mass of the Lord's Supper (Holy Thursday), Good Friday of the Lord's Passion, and the Mass of the Resurrection of the Lord (Easter). Triduum also marks the end of the season of Lent. Visit our [website](#) for a list of parishes, and Mass times.

